

# Hebrews



**Focus:** We need help to live this Christian life, and God provides it through His spirit in us. Each day this week, meditate on **Psalm 121** embracing the promises God has for you.

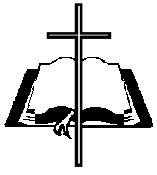
**FEED:** The author of Hebrews has gone to great lengths to highlight the supremacy of Christ as High Priest over the high priests of the Old Testament (and old covenant). Chapter 10 concludes that theme and begins another one. Today we will study the closing comments on Christ as our high priest, and then we will move on to what God desires from us in response to His great provision.

1. Read **Hebrews 10:1-4**. What is the difference between a shadow and reality? \_\_\_\_\_  
  - a. How did the law serve as a shadow of what was to come? \_\_\_\_\_
  - b. Why is the law and the sacrifices made through the commands of the law ineffectual in dealing with the sin problem of man? \_\_\_\_\_
  - c. What did those sacrifices remind the people of according to **verse 3**? \_\_\_\_\_
  - d. Why do you think it is impossible for the blood of bulls and goats to take away sins? (from what you've studied the last couple of weeks) \_\_\_\_\_
  
2. Read **Hebrews 10:5-10**. Notice how the author substantiates his argument with Scripture.
  - a. What did Christ say to God upon entering the world? (v. 5-6) \_\_\_\_\_
  - b. Why did He come according to **verse 7**? \_\_\_\_\_
  - c. From **verses 8-10**:
    - What does Jesus say in **verse 9**? \_\_\_\_\_
    - Contrast that phrase (v. 9) to a dumb animal being offered irrespective of any desire it might have. What is the difference between the two? \_\_\_\_\_
    - Why would the second way be what truly pleases the Father? \_\_\_\_\_
    - By what have we been made holy according to **verse 10**? \_\_\_\_\_
    - Why was it necessary for Jesus to die but once? \_\_\_\_\_
  
3. Read **verses 11-18**
  - a. What did Jesus do after He sacrificed His life? \_\_\_\_\_
  - b. What is He waiting for? (v. 13) \_\_\_\_\_
  - c. Again, what has He done according to **verse 14**? (do you think the author is trying to make a point here?) \_\_\_\_\_
  - d. **Verse 15** says the Holy Spirit testifies. Here the author is simply acknowledging God as the true author of all Scripture. He is quoting from Jeremiah. What is included with this new covenant according to **verse 16**? \_\_\_\_\_
  - e. And, what is the promise from **verse 17**? \_\_\_\_\_
  - f. How does this address the problem of a guilty conscience? \_\_\_\_\_
  - g. Write out **verse 18**. What is the final comment from the author on this subject? \_\_\_\_\_

**FILL:** As we end this theme of Jesus Christ as our High Priest, review what you have learned and thank Him for what He chose to do for you out of obedience to His Father.

**FOLLOW:** Begin memorizing **Hebrews 12:7**. In your journal, write down what Jesus has done for you as your High Priest. Where would you be without Him?





# Hebrews

Embracing the Supremacy  
and Sufficiency of Christ

LESSON 9, DAY 2



**Focus:** Meditate on Psalm 121

**FEED:** Look at the first word of **Hebrews 10:19**. It starts with THEREFORE. In other words... “in response to what you have just learned”...

1. Read **Hebrews 10:19-25**. The author states two things that have now been given to us in these verses. What are they?
  - a. since we have \_\_\_\_\_
  - b. since we have \_\_\_\_\_
2. We are now encouraged to do five things. Each beginning with the words “Let us” (NIV) What are they?
  - a. Let us (v. 22) \_\_\_\_\_
  - b. Let us (v. 23) \_\_\_\_\_
  - c. Let us (v. 24) \_\_\_\_\_
  - d. Let us (v. 25) \_\_\_\_\_
  - e. Let us (v. 25b) \_\_\_\_\_
3. The first one says, “Let us draw near to God with a *sincere heart* in full assurance of faith.”
 

*Sincere heart*

  - a. How would you define a sincere heart? \_\_\_\_\_
  - \_\_\_\_\_
  - b. What might distract us from drawing near with a sincere heart? \_\_\_\_\_
  - \_\_\_\_\_
  - c. What are some ways you can think of that help you to draw near to God? \_\_\_\_\_
  - \_\_\_\_\_
  - d. What does **Ephesians 3:12** say about Jesus and this relationship? \_\_\_\_\_
  - \_\_\_\_\_
  - e. Do you think everyone feels free to approach God with confidence? \_\_\_\_\_
  - \_\_\_\_\_
  - f. Why can we? \_\_\_\_\_

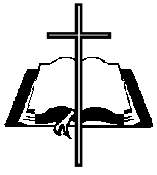
*Full assurance of faith*

  - a. The author is saying “know who you are talking to and trust Him completely! He hears you and He cares.” Where does faith come from according to **Romans 10:17**? \_\_\_\_\_
  - \_\_\_\_\_
  - b. How do you think knowing the word of God serves to increase your faith and trust of him? \_\_\_\_\_
  - \_\_\_\_\_
  - c. God is stable. He is unchangeable and immovable. If we are feeling distant from Him, is it His fault? What should we do? (see **Hebrews 4:16**) \_\_\_\_\_
  - \_\_\_\_\_

**FILL:** The author is telling us to focus on what we have been given through the blood of Jesus Christ and let that knowledge change you. Let it cause you to do the five things listed. Meditate on just the first one. Are you in the habit of drawing near to God? Do you have a sincere heart when you approach Him? Are you coming to Him with more than just a wish list? Ask Him to build in you the desire to draw near to Him and use His word to take you there.

**FOLLOW:** Keep memorizing **Hebrews 12:7**





# Hebrews

Embracing the Supremacy  
and Sufficiency of Christ

LESSON 9, DAY 3



Focus: Keep meditating on Psalm 121

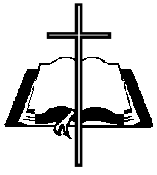
**FEED:** Read **Hebrews 10:19-25** again, refreshing your memory of how we may respond to Christ's offering.

1. The second "Let us" states: Let us *hold unswervingly* to the *hope* we profess.
  - a. Do you think the author realizes that at times it will be hard to hold on? \_\_\_\_\_
  - b. What does he encourage us to do? \_\_\_\_\_
  - c. Why are we able to cling so tenaciously according to **verses 23**? \_\_\_\_\_
  
2. "Let us consider how we may *spur one another on to love and good deeds*"
  - a. What do you think this means? \_\_\_\_\_
  - b. What are some ways we can encourage one another? How can we spur one another on? Do you think we really do this? \_\_\_\_\_
  - c. Why is encouragement so important? \_\_\_\_\_
  - d. What do you think God would consider to be good deeds? \_\_\_\_\_
  - e. How do you think He would want us to encourage His kind of love for each other? (see **1 Corinthians 13:4-6**) \_\_\_\_\_
  
3. "Let us *not give up meeting together* as some are in the habit of doing, *but let us encourage one another*—and all the more as you see the Day approaching." Note: the Day is speaking of the return of Christ
  - a. Why do you think it is so important that we as brothers and sisters in Christ keep meeting together? \_\_\_\_\_
  - b. Is it easy to get in to the 'habit' of not coming for fellowship? Why do you think that is? \_\_\_\_\_
  - c. Again, we are told to encourage one another and there is a sense of urgency as we are preparing for Christ's return. How does keeping the fact of Christ's return before us serve as an anecdote for apathy? \_\_\_\_\_
  
4. Read **Hebrews 10:26-31**. As in **Hebrews 6:4-6**, the writer is speaking of apostasy which is outright rebellion against God when you know the truth. (Satan was the first apostate) Will these people escape judgment? What does God's word say? \_\_\_\_\_
  
5. Do we really have time to be apathetic with what we have been given? Why not? (see **1 Thessalonians 5:1-2**) \_\_\_\_\_
  - a. What does **1 Thessalonians 5:9-11** say? \_\_\_\_\_
  - b. Jesus could come today, or He could come in 1000 years, it really does not matter when He comes to how we should be living. We are told to encourage each other as if He were coming soon. What are some ways you think our lives might be different if we really lived as if He were coming at any time? \_\_\_\_\_

**FILL:** How are you doing on the "Let us" list? Are you drawing near? Are you clinging to the hope you have? Are you encouraging your brothers and sisters alongside of you? Are you meeting with the family of God and worshipping God with them? Do you have the return of Jesus on your mind, and are you encouraging others with that hope? This is quite a list, but if we view it in response to what Christ has done, it seems very simple doesn't it? Take this list before your Father in prayer and ask Him to weave these disciplines into your life.

**FOLLOW:** In your journal, write down some practical ways you could apply this "let us" list to your life. Keep learning **Hebrews 12:1-7** by heart.





# Embracing the Supremacy and Sufficiency of Christ Hebrews

LESSON 9, DAY 4



**Focus:** Meditate on Psalm 121

**FEED:** Read **Hebrews 10:32-39**. Remember the author is addressing Jewish Christians who have suffered persecution for their faith.

1. Do you remember a time in you journey of faith when you clung to the Lord and He was there for you in a special way? \_\_\_\_\_
  - a. Most of us have not been persecuted for our faith, but God has given us opportunity to trust Him in difficult times. What had previously happened to these readers? \_\_\_\_\_
  - b. What did they do for each other during those difficult days? \_\_\_\_\_
  - c. What lessons did these Christians learn during their test? \_\_\_\_\_
  
2. Read **Acts 2:42-47** about this early church. What three things were they devoted to? (according to verse 42) \_\_\_\_\_
  - a. The apostle’s teaching was the word of God. Is it reasonable for us to be committed to these same three things today? Why or why not? \_\_\_\_\_
  - b. What else did they do for each other? \_\_\_\_\_
  - c. What happened to that church? (v. 47) \_\_\_\_\_
  - d. The church (fellowship of believers) functions much differently today, but what principles do you think we could learn and apply from this early church? \_\_\_\_\_
  
3. Read **Hebrews 10:35-39**. What does the author say in verses 35 and 36? \_\_\_\_\_
  - a. Do these verses encourage you? If so, in what way? \_\_\_\_\_
  - b. Look up the word persevere in a dictionary. What does it mean? \_\_\_\_\_
  - c. Where should our focus be as we ‘persevere’ according to verse 37? \_\_\_\_\_
  - d. How will the righteous live? \_\_\_\_\_
  - e. Those who “shrink back” are those that reject the offer of Jesus Christ and don’t live by faith in that promise. We are made righteous through faith alone. Do you have any comments about the last verse in Chapter 10 \_\_\_\_\_

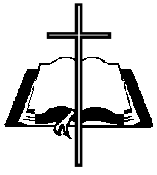
**FILL:** Next week we will start to examine a life lived by faith and define what that is. For today, think about the early church and their devotion to God’s word, to prayer, and to meeting each other’s needs. These are priorities that every believer should adopt. This is part of that “Let us” list. In what area are you feeling strong, and where are you lacking?

- God’s word
- Prayer
- Fellowship

Talk to God about what you are learning. He loves it when you draw near through His word.

**FOLLOW:** Keep memorizing **Hebrews 12:7**





# Hebrews

Embracing the Supremacy  
and Sufficiency of Christ

LESSON 9, DAY 5



Read **all of Hebrews 10**. Skim over your lesson for this week.

1. Write a summary statement (no more than 1-3 sentences) of what you feel are the main points of this passage.

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2. Can you pick a verse or two that seems to stand out to you? \_\_\_\_\_

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3. Why did you pick this verse/these verses? \_\_\_\_\_

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4. What is one truth you want to always remember from your study this week? \_\_\_\_\_

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5. What lesson do you believe God would want you to apply from what you've heard from His word?

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6. Any other thoughts/comments? \_\_\_\_\_

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Conclude this day in prayer discussing what you've written above with the Lord.

Write out your memory verse below:

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