

Hebrews

Embracing the Supremacy
and Sufficiency of Christ

LESSON 13, DAY 1



Focus: Read **Psalm 1** everyday this week and let the words focus your mind on things above. What do these words speak to your heart

Before beginning this week's lesson, refresh your memory by reading **Hebrews 12 :1-13**.

FEED: Listen to Jesus' words. "If you love me, you will obey Me." (John 14:15) "Not all people who sound religious are really godly. They may refer to me as 'Lord,' but they still won't enter the Kingdom of Heaven. The decisive issue is whether they obey my Father in heaven." (**Matthew 7:21**)

1. Read **1 John 2:1-5**. How do our lives reflect that we are in Christ (Christian)? _____

2. Is obedience to His commands an option for His children? _____
3. In **Matthew 7:21** (written above), Jesus is not making a threat, He is stating a fact. What is it? _____

4. If we are 'in Christ' what is really happening according to **Galatians 2:20**? _____

5. What has God predetermined for us according to **Romans 8:29**? _____

6. From **Hebrews 12:14-15(NLT)**; What is now the motivation for living a godly life? _____

 - What are we encouraged to do? _____

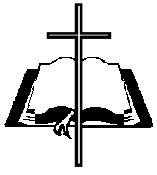
7. **Verse 15** is speaking of God's grace (special favor). How can we help each other experience His grace? _____

8. What does unbelief perpetuate? _____
9. What did Esau do? (see **Genesis 25:29-34**) _____

10. Why did he sell his birthright? _____

11. He did not receive God's blessings because of disobedience to God's commands. Do you think we ever fall in to the same trap as Esau? We want all of God's blessings, but we don't want to obey His commands? Can you give an example?





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LESSON 13, DAY 2



Focus: Be sure to start your day with **Psalm 1**

12. It goes against God’s nature to bless the disobedient. He may offer grace, and even turn a bad situation into something good for His purposes (i.e., the story of Joseph); but He can not bless a disobedient child. Esau was completely consumed by his need in that moment, and he compromised all that God had for him. Look at the list of blessings below. What is a (one of many) command that accompanies each blessing listed?

<u>Blessing</u>	<u>Verse</u>	<u>Command</u>
Peace	Philippians 4:6	_____
Joy	James 1:2-3	_____
Direction	Proverbs 3:5-6	_____
Joy	John 15:9-11	_____
Fruit bearing (effectiveness)	John 15:5	_____
Clear conscience	1 John 1:9	_____
Unity	Philippians 2:1-4	_____
Shining witnesses	Philippians 2:14-15	_____
Blessed!	Luke 11:28	_____
Blessed some more!	John 13:12-17	_____
Can you think of anymore? What pattern are you seeing? _____		

13. Let’s look at the process according to 2 Peter 1:3-4 (NLT). Read it carefully below. Underline what your main responsibility is: *³As we know Jesus better, his divine power gives us everything we need for living a godly life. He has called us to receive his own glory and goodness! ⁴And by that same mighty power, he has given us all of his rich and wonderful promises. He has promised that you will escape the decadence all around you caused by evil desires and that you will share in his divine nature.”*

- Circle the promises in these two verses. Put brackets around what HE HAS done and what HE WILL do.

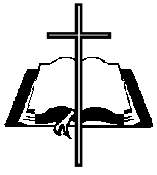
14. What has He called you to? Think about that. This promise is not for the future, it is to be accessed today! Whose goodness and glory is available to you? How does it become a part of your nature? _____

KNOWLEDGE ~ LOVE ~ OBEDIENCE

FILL: Jesus says because we love Him we will obey Him. We can only learn to love Him by knowing Him, and we can only come to know Him through His word. Peter goes on in this passage to say that a life of moral excellence (obedience) leads to knowing God better! So, we see that this is an unending process. Knowing Jesus transforms us. Knowing Jesus dispels disbelief (**Hebrews 12:15**) Knowing Jesus purifies us (**Hebrews 12:16**) And, knowing Jesus brings blessings to our lives. Do you know Him? Do you understand what the avenue to blessing is now? Talk to God about what you’re learning and how you want to apply it to your life (**Matthew 7:24-27**).

FOLLOW: Begin memorizing **Hebrews 12:11**





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LESSON 13, DAY 3



Focus: Meditate on **Psalm 1** and let your mind focus on things above.

FEED: Read **Exodus 19:16-25** and **20:18-21**.

1. Describe the scene when God spoke the commandments to Moses: _____

Read **Hebrews 12:18-21** (NLT)

2. Why did the Israelites beg God to stop speaking? _____

3. At what command did they stagger back? Why? _____

4. Even Moses was terribly frightened. What do you learn about God from this encounter? _____

Read **Hebrews 12:22-24** (NLT)

5. The writer is saying that we who are under grace (on this side of the cross), encounter God differently than those who preceded the cross (old covenant verses new covenant). Underline the phrase “you have come” each time it appears. By the blood of Jesus (or by way of the cross), to what have ‘we come’?
 - a. _____
 - b. _____
 - c. _____
 - d. _____
 - e. _____
6. What contrasts do you see between the two relationships with God (old verses new)? _____

7. Review **Hebrews 10:19-25** in light of what you have studied today. What is the only reason we are able to approach God so freely? _____

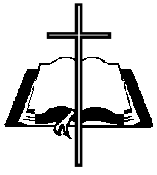
8. Apart from being made righteous in Christ, are we in ourselves any less sinful than our Israelite ancestors? _____

9. What does God’s grace mean to you? _____

FILL: We have now come to the living God. He has made a way for us to know Him personally, and intimately. Aren’t you thankful that the fear has been removed and we can receive the voice of the Lord directly through His word? We too have the sure hope of being made perfect like the saints before us. Take some time and express your thanks to God.

FOLLOW: Keep memorizing **Hebrews 12:1-11**





Hebrews



Focus: Continue to let **Psalm 1** speak to your heart.

FEED: Read **Hebrews 12:25-27**

1. Why is it so crucial that we listen to God's message (Jesus) and obey His word? _____
 - a. Does it seem amazing to you that after seeing what they (the Israelites) saw at Mt. Sinai and how fearful they were, that they still chose to ignore God's word? _____
 - b. What is the best motivator for obedience according to Jesus in **John 15:9-11**? Why? _____
 - c. What does God's perfect love do to fear according to **1 John 4:18**? _____
2. Read **1 John 4:15-19**. How does God come to live in us? _____
 - a. On what do we rely according to **verse 16**? _____
 - b. Will His love ever fail us? _____
 - c. Why are we able to have confidence on the day of judgment? _____
 - d. What has made us perfect in the eyes of God? _____
 - e. Why are we even able to love God according to **verse 19**? _____
 - f. What do you think it means to acknowledge Jesus is the Son of God? Is it more than just a verbal confession? _____
 - g. How is this acknowledgment fleshed out according to **1 John 4:19-21**? _____
3. When God shakes the earth again (**Hebrews 12:27**), what will be left? _____
4. What things are eternal according to the following verses (pick 3-5)? _____

Isaiah 40:8
 Hebrews 7:24
 1 Peter 1:25
 Proverbs 10:25

Psalm 29:10
 Psalm 33:11
 Psalm 79:13
 Hebrews 7:24

Psalm 92:8
 Psalm 102:12
 Psalm 111:3
 1 John 2:17

- What does **Colossians 3:2** say? _____
- Does this list help you to focus? How? _____

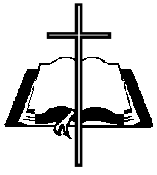
Read **Hebrews 12:28-29**

5. It is important that we have a proper view of God and not take His love for granted. He opposes every form of evil. What does the writer see as the appropriate response to what we are receiving? _____

FILL: In what ways does your life reflect your worship of God? Holy fear is pleasing to God. Are you learning to focus on what is eternal rather than temporal (walking by faith)? Thank God for all He is teaching you and express your desire to be transformed by Him.

FOLLOW: In your journal, list what is eternal. Keep memorizing **Hebrews 12:1-11**.





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LESSON 13, DAY 5



Read **Hebrews 12:14-29** aloud. Skim over your lesson for this week.

1. Write a summary statement (no more than 1-3 sentences) of what you feel are the main points of this passage.

2. Can you pick a verse or two that seems to stand out to you? _____

3. Why did you pick this verse/these verses? _____

4. What is one truth you want to always remember from your study this week? _____

5. What lesson do you believe God would want you to apply from what you've heard from His word?

6. Any other thoughts/comments? _____

Conclude this day in prayer discussing what you've written above with the Lord.

Write out your memory verse below:





Hebrews



This week we are going to study our text from the New Living Translation. For your convenience it is written out for you below.

Hebrews 12:14-29

¹⁴Try to live in peace with everyone, and seek to live a clean and holy life, for those who are not holy will not see the Lord. ¹⁵Look after each other so that none of you will miss out on the special favor of God. Watch out that no bitter root of unbelief rises up among you, for whenever it springs up, many are corrupted by its poison. ¹⁶Make sure that no one is immoral or godless like Esau. He traded his birthright as the oldest son for a single meal. ¹⁷And afterward, when he wanted his father's blessing, he was rejected. It was too late for repentance, even though he wept bitter tears.

¹⁸You have not come to a physical mountain, to a place of flaming fire, darkness, gloom, and whirlwind, as the Israelites did at Mount Sinai when God gave them his laws. ¹⁹For they heard an awesome trumpet blast and a voice with a message so terrible that they begged God to stop speaking. ²⁰they staggered back under God's command: "If even an animal touches the mountain it must be stoned to death." ²¹Moses himself was so frightened at the sight that he said, "I am terrified and trembling."

²²No, you have come to Mount Zion, to the city of the living God, the heavenly Jerusalem, and to thousands of angels in joyful assembly. ²³You have come to the assembly of God's firstborn

children, whose names are written in heaven. You have come to God Himself, who is the judge of all people. And you have come to the spirits of the redeemed in heaven who have now been made perfect. ²⁴You have come to Jesus, the one who mediates the new covenant between God and people, and to the sprinkled blood, which graciously forgives instead of crying out for vengeance as the blood of Abel did.

²⁵See to it that you obey God, the one who is speaking to you. For if the people of Israel did not escape when they refused to listen to Moses, the earthly messenger, how terrible our danger if we reject the One who speaks to us from heaven!

²⁶When God spoke from Mount Sinai his voice shook the earth, but now he makes another promise: "Once again I will shake not only the earth but the heavens also." ²⁷This means that the things on earth will be shaken, so that only eternal things will be left.

²⁸Since we are receiving a kingdom that cannot be destroyed, let us be thankful and please God by worshiping him with holy fear and awe. ²⁹For our God is a consuming fire.

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